

# Pediatric Brain Tumors: Lecture 1-Posterior Fossa

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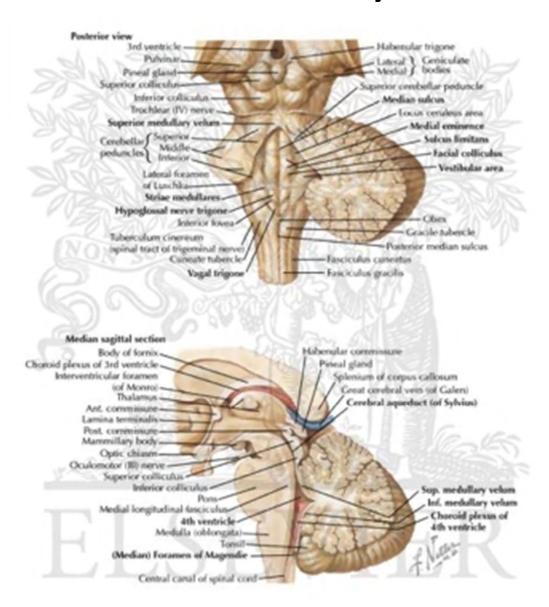




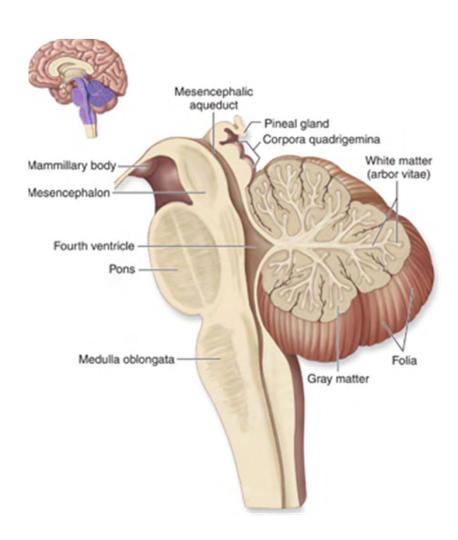
## Epidemiology

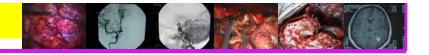
- Compromise ~20% of all pediatric cancers
- Incidence of 2.4-3.5/100,000 children
  - Roughly 3,000 new diagnoses in the US annually
- Location:
  - 60-65% are located in the Infratentorial region:



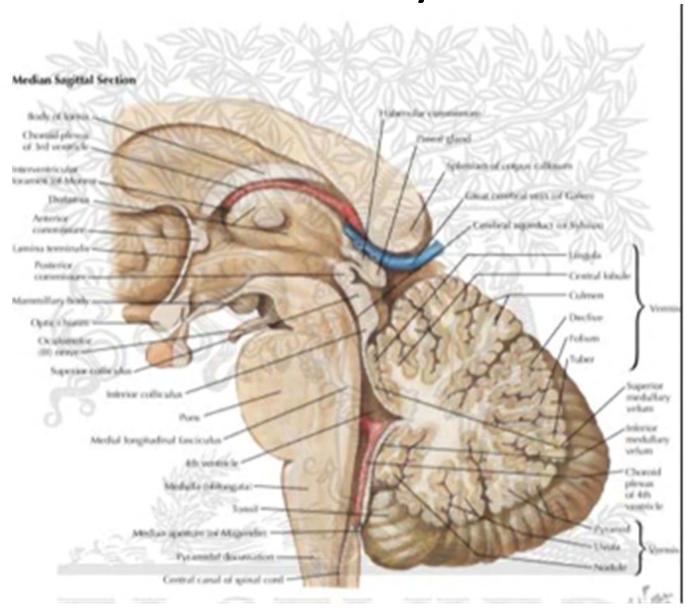




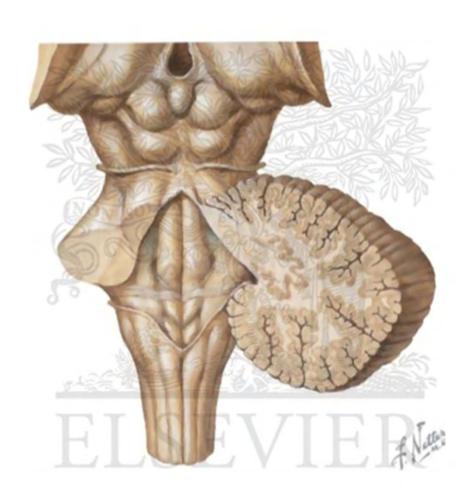




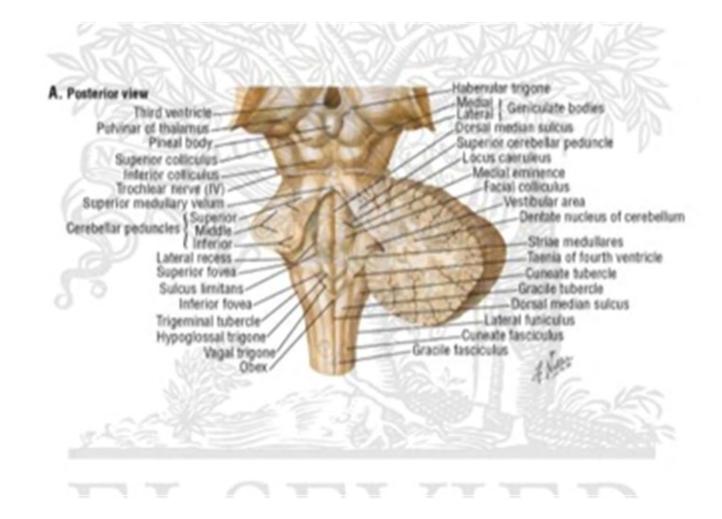
### Anatomy



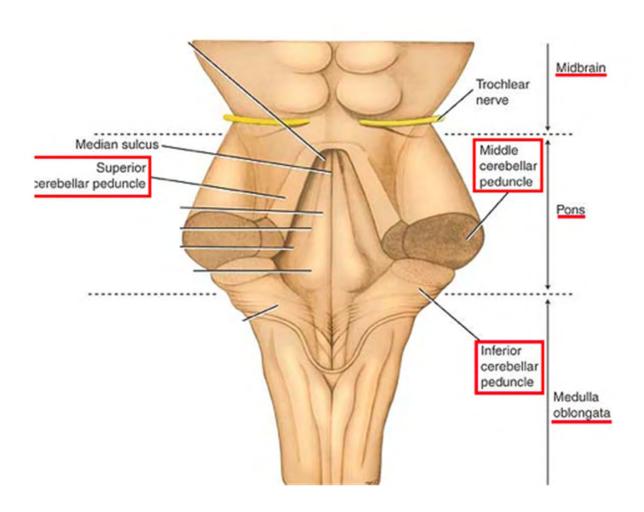


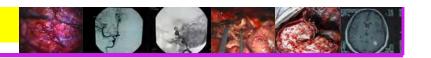












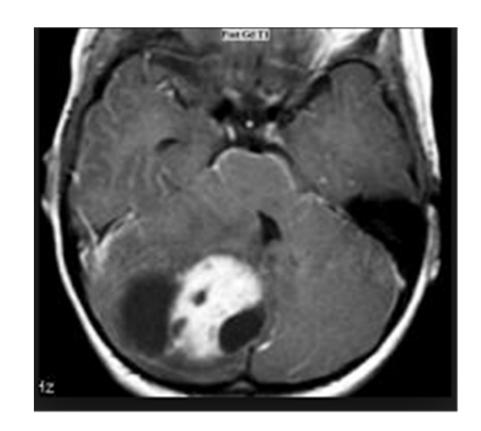
- Most common pediatric brain tumor is astrocytoma
  - With half being found in the posterior fossa
- Cerebellar astrocytomas make up 40% of pilocytic atrocytomas
- Usually occur in the latter half of the first decade
  - Mean age of 7 years old
  - Rarely found in children less than 1 year of age

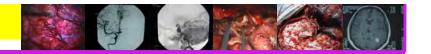


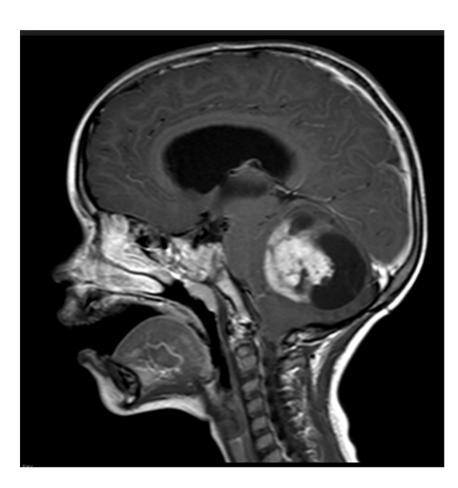
- Median duration of symptoms before diagnosis is 5-9 months
- Symptoms:
  - Increased ICP (headache, N/V, head size)
  - Cerebellar deficits
- Signs:
  - Papilladema (84%)
  - Ataxia
  - Hydrocephalus (85%)



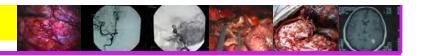
- Radiographic:
  - CT without contrast:
    - Hypodense or isodense mass lesion
    - Calcification (10-20%)
  - MRI with and without contrast
    - Hypointense on T1
    - Hyperintense on T2 with discrete margins
    - Cyst with enhancing mural nodule









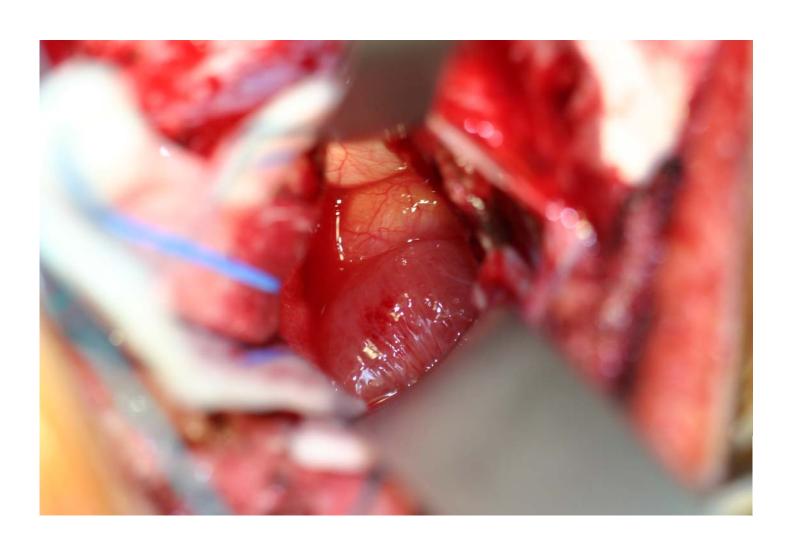


- Pathology
  - Biphasic pattern with areas of compact, bipolar cells next to loosely structured areas of multipolar cells and microcysts
  - Features:
    - Rosenthal fibers
    - Microcysts
    - Endothelial proliferation
    - Eosinophilic Granular bodies

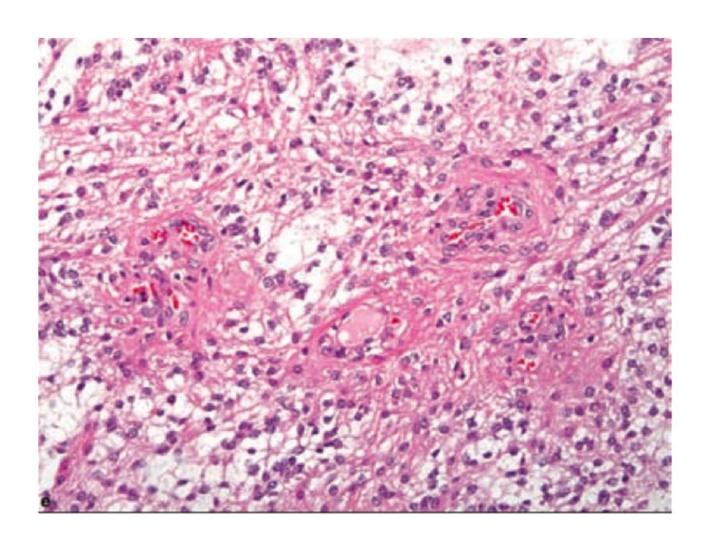


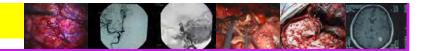
- Pathology
  - Immunohistochemistry:
    - GFAP positive, S-100 Positive
  - Genetics:
    - Increased incidence in NF1 (usually seen with optic nerve or brainstem involvement).

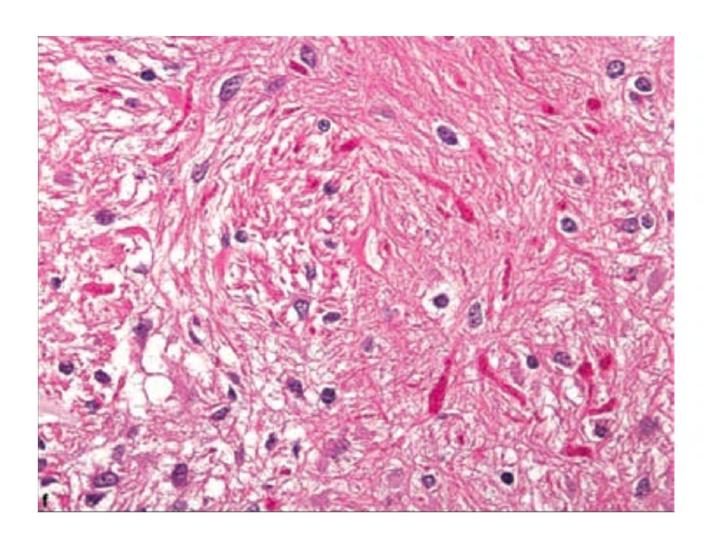


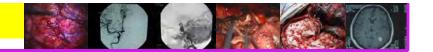


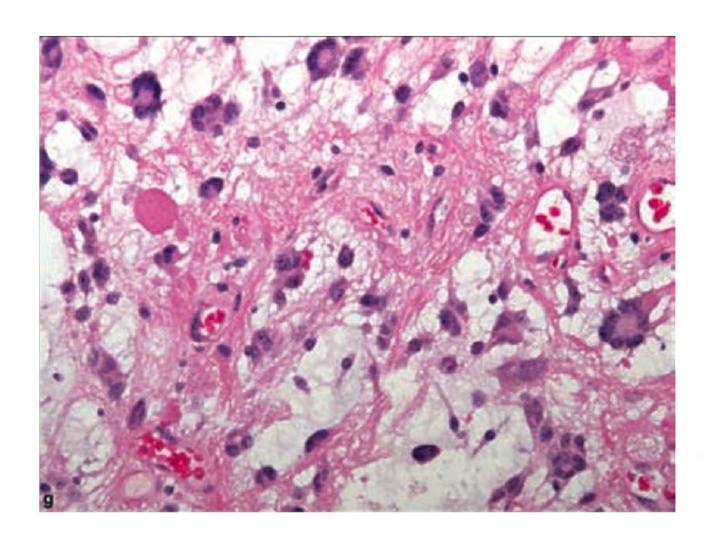








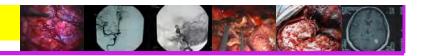






#### • Treatment:

- The single best treatment is gross total resection
  - Children with no visible residual tumor do not require adjuvant therapy
- Cases with large amount of residual tumor should have a repeat craniotomy for removal of residual tissue.



#### • Treatment:

- Subtotal Resection
  - In those cases of residual tumor being left because of involvement with eloquent structures (brainstem), some authors argue to follow with serial imaging
    - 40-50% of residual tumors will regress or not progress
    - If tumors do progress, most of the time they progress within 2 years (can be up to 8 years).
  - If at all possible re-resection is still the best treatment



- Treatment:
  - Adjuvant Therapy:
    - Radiotherapy:
      - Not recommended as a first line treatment because it can predispose the patient to malignant degeneration
      - In those cases of progression after subtotal resection in eloquent areas radiosurgery can be a helpful option
        - » Tumor control achieved in roughly 60% of cases



#### • Treatment:

- Adjuvant
  - Chemotherapy:
    - There is no consensus on the use of chemotherapy in pilocytic astrocytoma.
    - For those cases of recurrence, a regimen of vincristine and carboplatin can be used
    - In cases of disseminated leptomeningeal pilocytic astrocytoma, high dose cyclophosphamide has been used with much success.

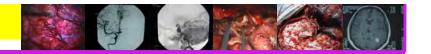


#### • Outcome:

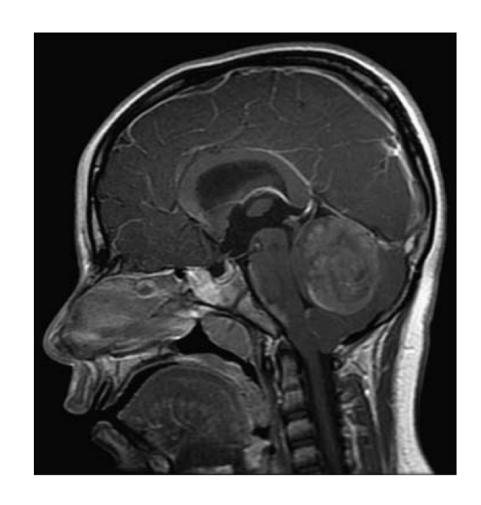
- Long term event-free survival is greater than 90% with gross total resection
- Survival rates at 5-,10-, 25- year= 90%, 89%, 85%.
- Tumor recurrence with GTR is ~10%
- Malignant transformation is rare in absence of radiotherapy
- Does not follow Collin's Law.



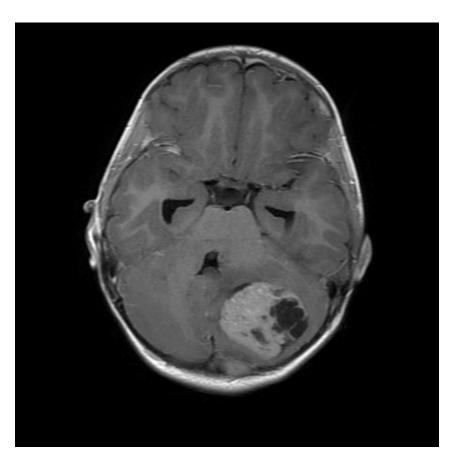
- A primitive neuroectodermal tumor (PNET)
- First described in 1925
- Most common malignant brain tumor of childhood.
  - ~20% of all pediatric brain tumors
  - ~30% of posterior fossa tumors
- Median age 5-7 years old
- 250-350 new cases of Medulloblastoma in the US each year

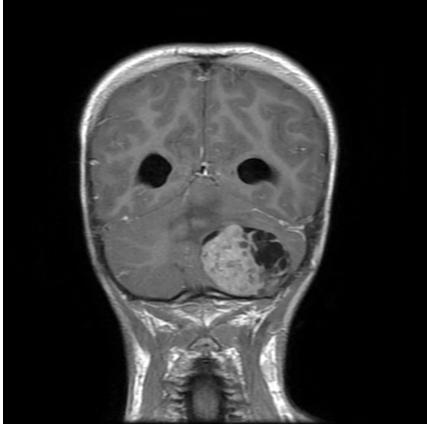


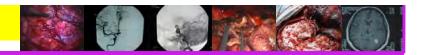
- Radiographic:
  - CT (nonenhanced)
    - Homogeneously hyperdense
    - Calcification
  - MRI with and without contrast:
    - Hypointense on T1
    - Variable hypo- to hyperintense on T2
    - Variable enhancement











### Pathology:

- Small blue cell neoplasm with high nuclear to cytoplasmic ratio
- Homer Wright Rosettes in about a third or cases
- Immunohistochemisty:
  - Syntapotphysin positive, Neuron-specific enolase positive, GFAP positive (variable)

#### - Genetics:

- Most commonly involve defect in chromosome 17
- Can be seen with Gorlin's syndrome and Turcot's syndrome

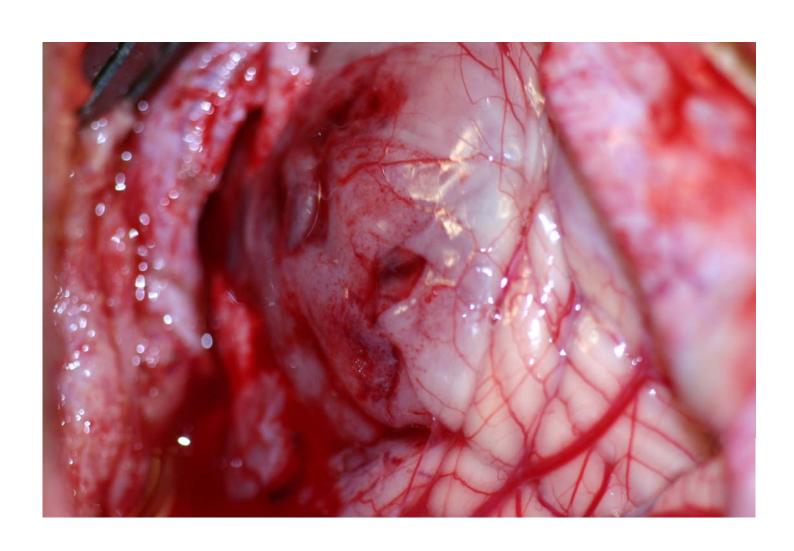


- Pathology:
  - Variants:
    - Desmoplastic:
      - Nodular, reticulin-free zones
    - Large Cell:
      - Large pleomorphic nuclei with prominent nucleoli and more abundant cytoplasm.

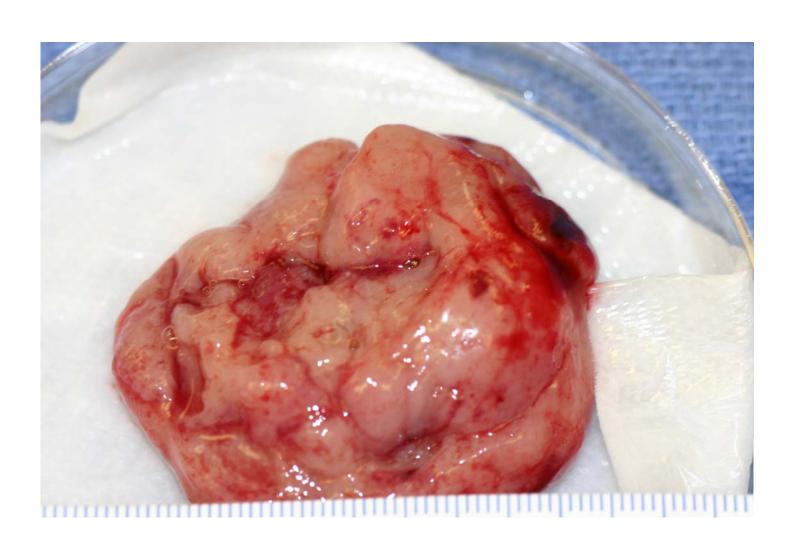




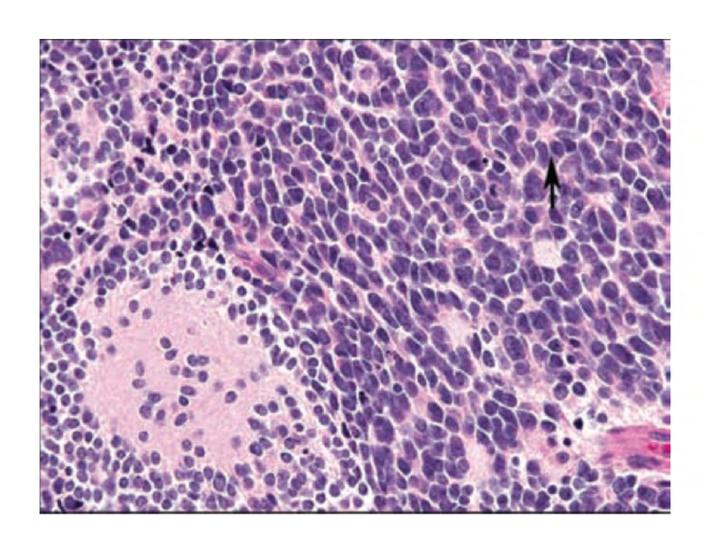






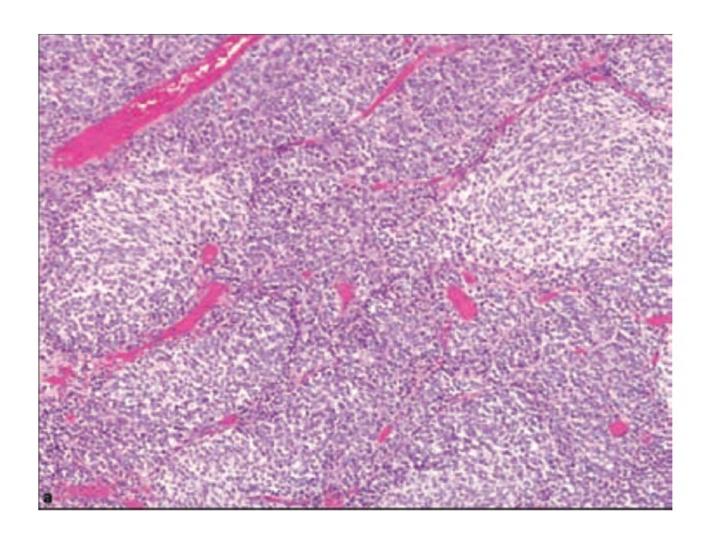


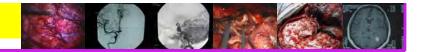




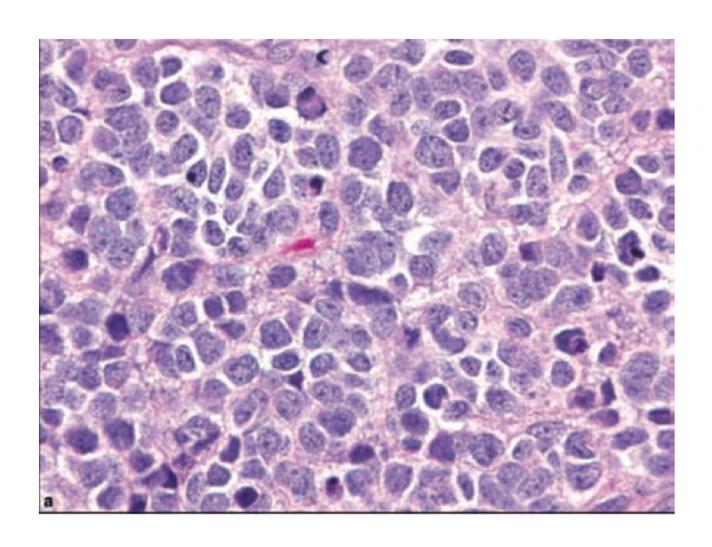


# Medulloblastoma (Desmoplastic)





# Medulloblastoma (Large Cell)





- Treatment:
  - Survival from medulloblastoma correlates strongly with three factors:
    - Age at diagnosis
    - Extent of dissemination at the the time of diagnosis
    - Extent of surgical resection
  - Like with most tumors of the posterior fossa the amount of resection is directly related to survival



- Treatment:
  - Adjuvant:
    - Radiotherapy:
      - Radiation was noted to be a treatment of medulloblastoma as early as 1925.
      - Craniospinal radiation has been the standard of care for medulloblastoma because of their tendency to disseminate through the CSF pathways.
      - The dose has been able to be lowered with the addition of chemotherapy to almost 23.4 Gy



- Treatment:
  - Adjuvant:
    - Chemotherapy:
      - The addition of chemotherapy to the treatment regimen of medulloblastoma has led to an increase in the survival rates as well as a decrease in the dose of radiation given.
      - 4 cycles of cyclophosphamide, cisplatin, and vincristine with stem cell support have been used after maximum resection and radiotherapy, resulting in a similarly improved outcome but with substantial reduction in the duration of treatment (4 months vs. 12 months).



#### Outcome:

- The addition of chemotherapy has led to an increase in 5 year survival of 85% and 70% in average and high risk patients respectively.
- Patients younger than 3 years generally have a poor prognosis with an estimated 5- year PFS of 30% to 40%, attributable to an increased incidence of neuroaxis dissemination, inability or physician/patient reluctance to administer fulldose radiotherapy, and the possible presence of different genetic alterations.



- Gorlin's Syndrome (Nevoid basal cell carcinoma):
  - Characterized bye occurrence of multiple nevoid basal cell carcinomas, skeletal anomalies, developmental delay, calcification of dura
    - 5% develop Medulloblastomas (usually younger in age)
    - Usually associated with desmoplastic medulloblastomas
  - Autosomal dominant disorder
  - Activation of tumor suppressor at chromosome 9q



- Gorlin's syndrome:
  - The gene name is the PTCH 1 gene (also the genetic test name)
  - Better prognosis than non-syndromic medulloblastoma
  - This is critical to diagnose because radiation can cause formation of basal cell carcinoma in the field as well as malignant degeneration of residual tumor
  - Treat with resection and chemotherapy regimen.



- Third most common pediatric brain tumor
- Mean age at diagnosis is 4-6 years
  - -1/3 of which are diagnosed before age 3.
- Arise from the ependymal cells that line the ventricle of the brain and spinal cord
  - Most commonly located infratentorial (15% of all posterior fossa tumors).
    - Floor of the 4<sup>th</sup> ventricle (60%)
    - Lateral aspect of the 4<sup>th</sup> ventricle (30%)
    - Roof of the 4<sup>th</sup> ventricle (10%)



- Types of Ependymoma:
  - Classic
  - Papillary
  - Myxopapillary
  - Clear Cell
  - Tanycytic
  - Giant Cell
  - Anaplastic

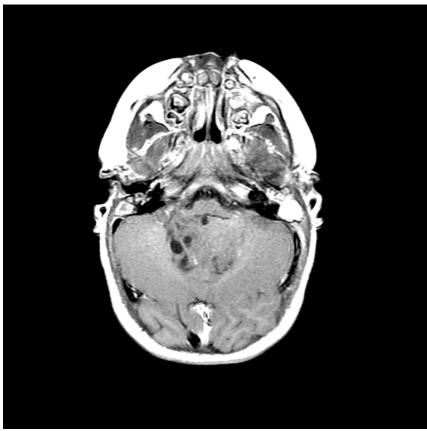


- Radiographic:
  - CT (nonenhanced):
    - Isodense with 50% exhibiting calcifications
  - MRI with and without contrast:
    - Hypo- or isointense on T1
    - Hyperintense on T2
    - Moderate inhomogeneous enhancement











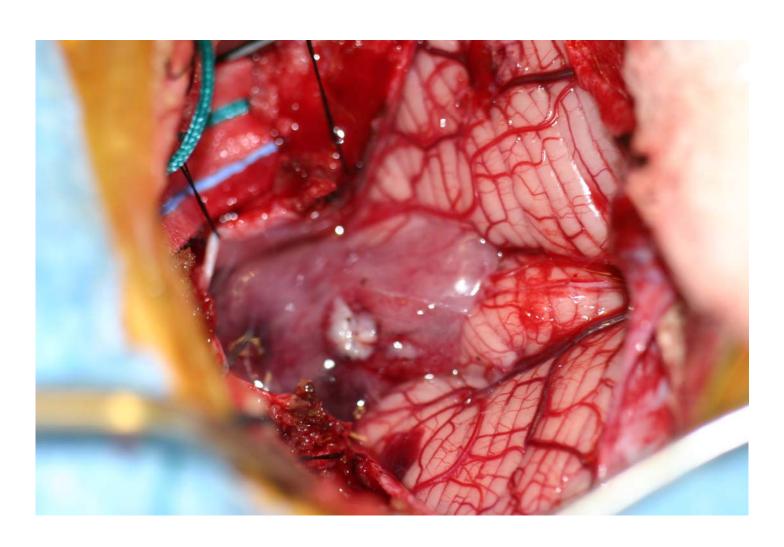
#### Pathology:

- Mostly well-circumscribed, soft tan-red mass on gross inspection.
- Characteristically have perivascular pseudorosettes
- True Rosettes seen in 5-10% of cases
- Usually arranged in sheets or spindled, astrocytelike, epitheliod, and signet ring-shaped cells with round nuclei containing small nucleoli

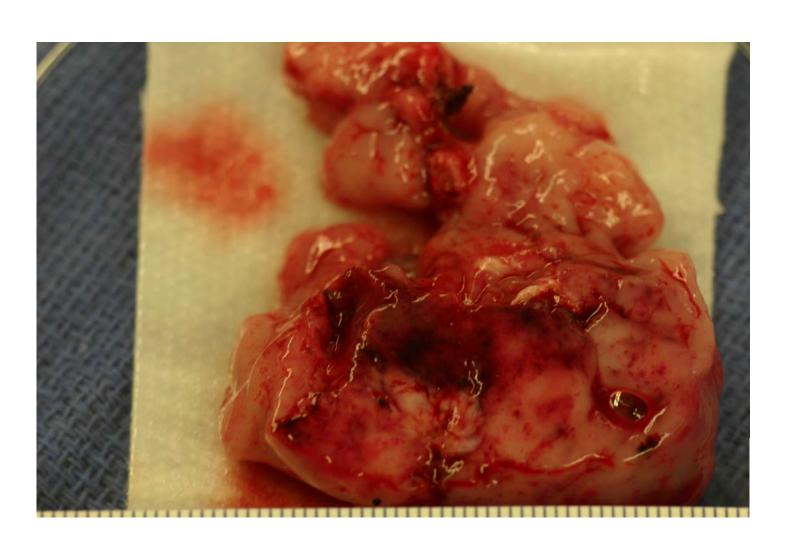


- Pathology:
  - Immunohistochemistry
    - GFAP positive, S-100 Positive, EMA positive
  - Genetics:
    - Deletion of chromosome 22q
    - NF2 patients commonly have spinal ependymomas not intracranial.
    - Can be seen with Li-Fraumeni syndrome (p53) and Turcot syndrome (APC gene)

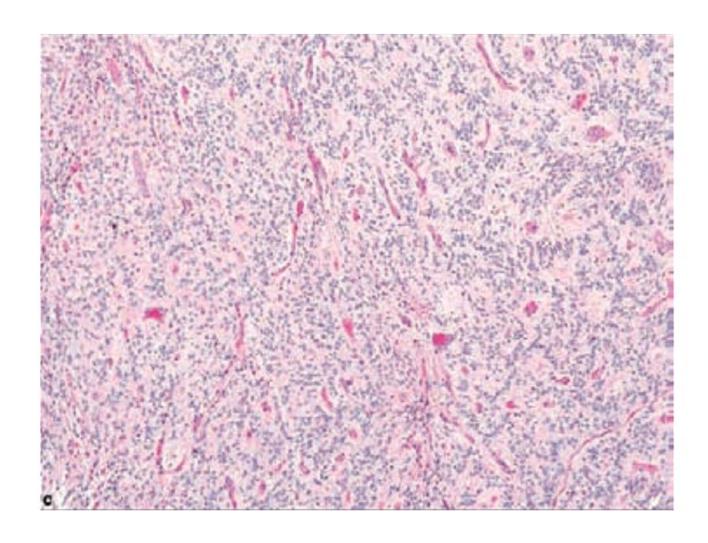




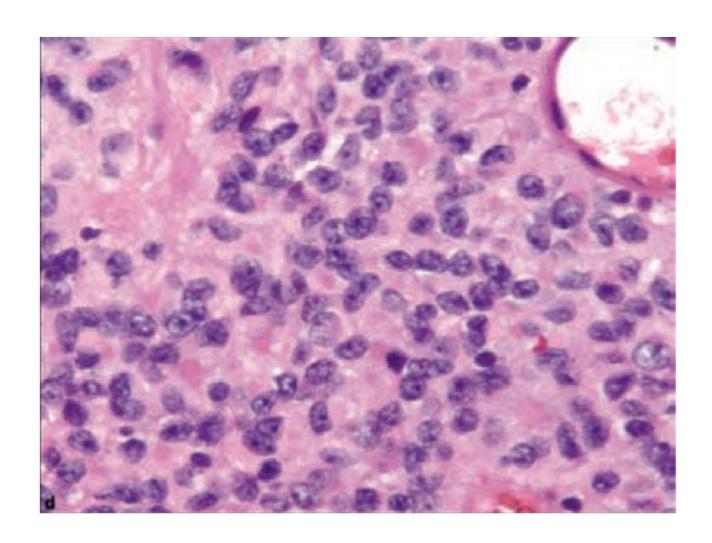




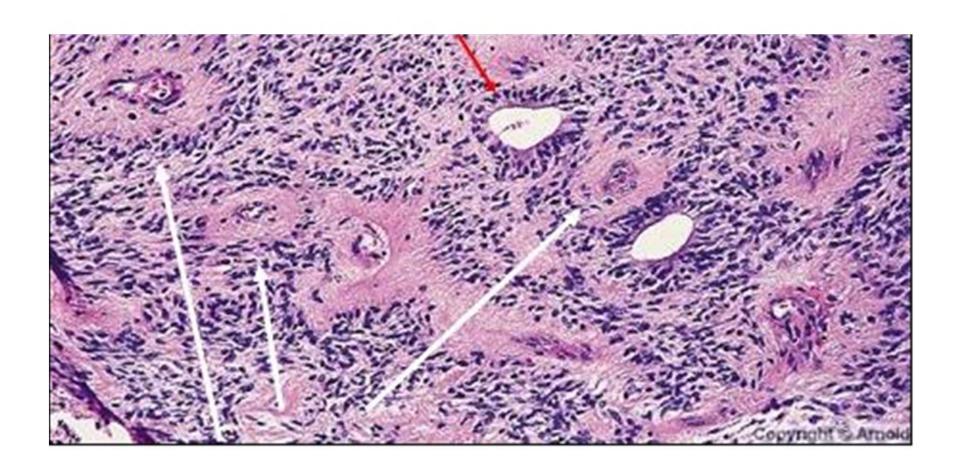






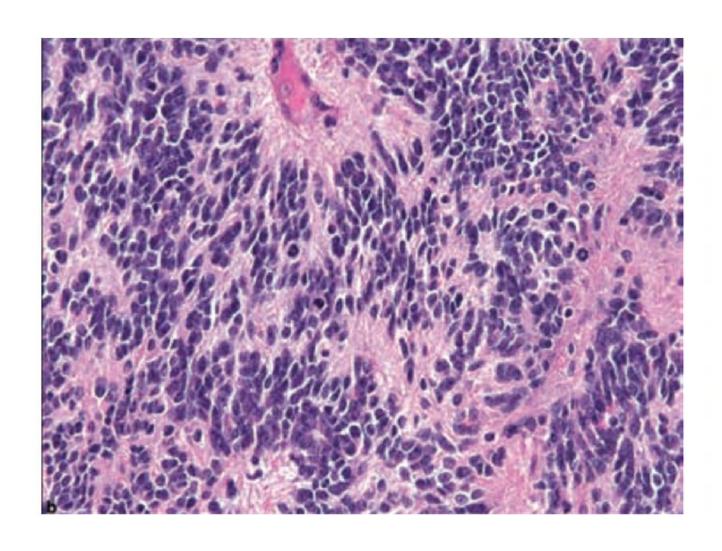








# Ependymoma (Anaplastic)

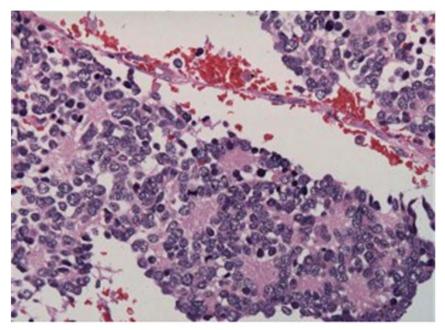


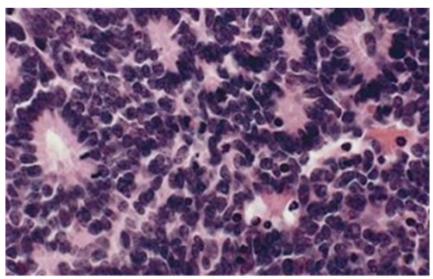


### Rosettes

#### **Homer-Wright Rosette**

#### **Flexner-Wintersteiner Rosette**



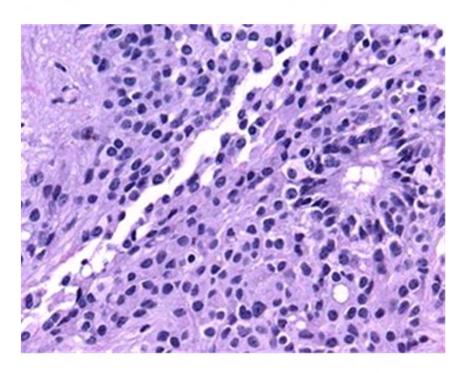


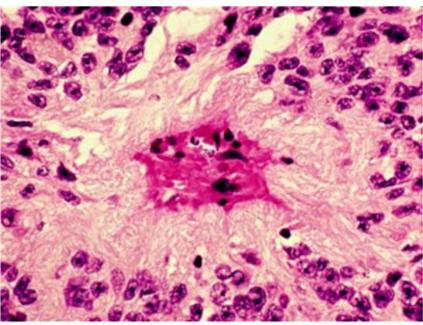


## Rosettes

#### **True Rosette**

#### **Perivascular Pseudorosette**







#### • Treatment:

- The single most important determinant of outcome is extent of resection.
  - A Near-total resection (<1.5cm3) is prognostically equal to GTR
  - 5 year survival for GTR varies between 60-80%, with STR being ~20%.
- If it is safe the best treatment for residual tumor is re-operation.



- Treatment:
  - Adjuvant:
    - Radiotherapy:
      - Postoperative radiation is standard of care in patients with ependymoma that are older than 3 years of age.
      - Studies have shown that pt's treated with GTR and radiation by far have the lowest mortality and the highest progression free survival.
    - Chemotherapy:
      - While some centers do use chemotherapy as an adjuvant to surgery, it is NOT considered the standard of care for treatment of intracranial ependymoma

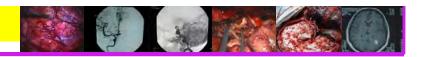


- Treatment:
  - Adjuvant:
    - Chemotherapy:
      - Cisplatin appears to be the most used agent; however, even if the tumor does respond to chemotherapy, there has been no study to show increased survival
      - Chemotherapy has been shown to be beneficial as an agent to be used in between 1<sup>st</sup> and 2<sup>nd</sup> craniotomies.
        - » Some authors have noted that the borders became more well defined.
      - Ependymomas express the MDR-1 gene, which mediates drug resistance.



#### Outcomes:

- Children less than 3 have a poorer prognosis due to that fact that they only receive lower doses of radiation if any at all
  - One study reports a 5 year survival 22% for children under 3, 75% in older children.



- Represent 10-20% of all CNS tumors in children
- 150-300 new cases annually in the US
- Peak presentation at 7-9 years
- Classic triad of physical findings (all three seen in 1/3 of cases):
  - Cranial nerve palsies
  - Ataxia
  - Long tract signs



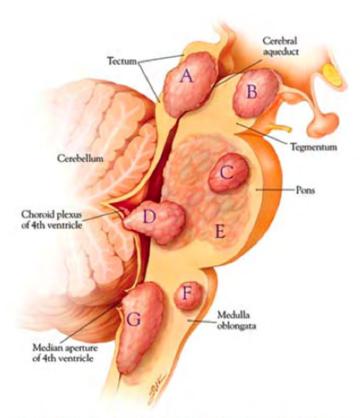


Fig. 1. Illustration demonstrating various locations of brainstem tumors. A denotes the tectal plate; B, the focal intrinsic midbrain; C, the focal intrinsic pontine; D, the dorsal exophytic pontine; E, the diffuse pontine; F, the focal intrinsic medullary; and G, the dorsal exophytic medullary.



#### Types:

- Diffuse intrinsic brainstem Glioma:
  - Most commonly located in the Pons
  - Account for 80% of brainstem tumors
  - Symptoms 2.5 months before diagnosis, ~75% had at least 1 cranial neuropathy, and 25% were alive after 2 years.

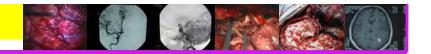


- Types:
  - Focal Tumors
    - Occupy less than 50% of brainstem subregion.
    - Often clearly distinguishable from surrounding brainstem.
    - Dorsal Exophytic Tumors:
      - ~20% of brainstem tumors.
      - Typically fills the 4<sup>th</sup> ventricle

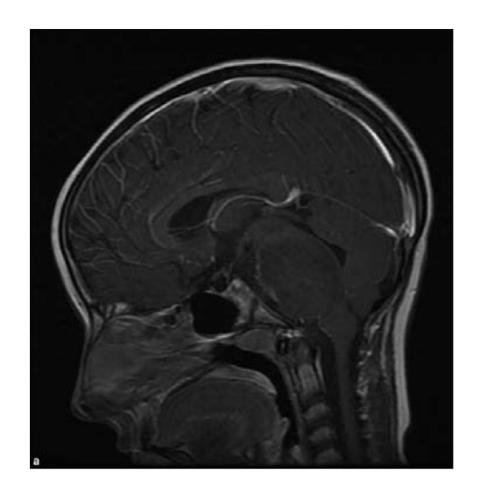


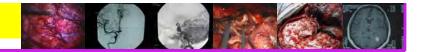
#### Types:

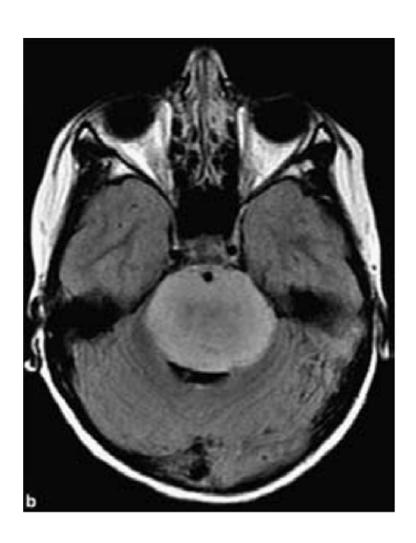
- Focal Tumors:
  - Cervicomedullary Tumors:
    - Majority arise in upper cervical cord and grow rostrally
  - Midbrain Tumors:
    - Carry the best prognosis
    - Can be located tegmental region or tectal region

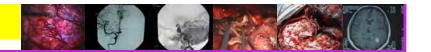


- Radiographic:
  - MRI with and without contrast:
    - Hypointense on T1
    - Hyperintense on T2
    - Enhancement is variable and depends on the type and grade of the tumor
      - Diffuse intrinsic tumors rarely enhance.



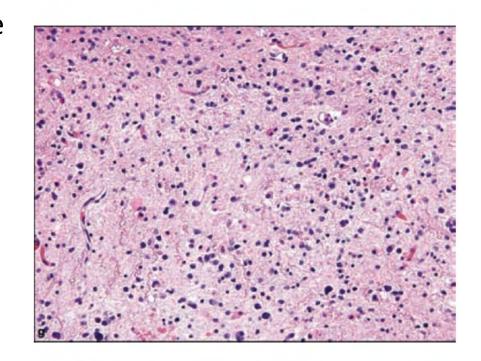




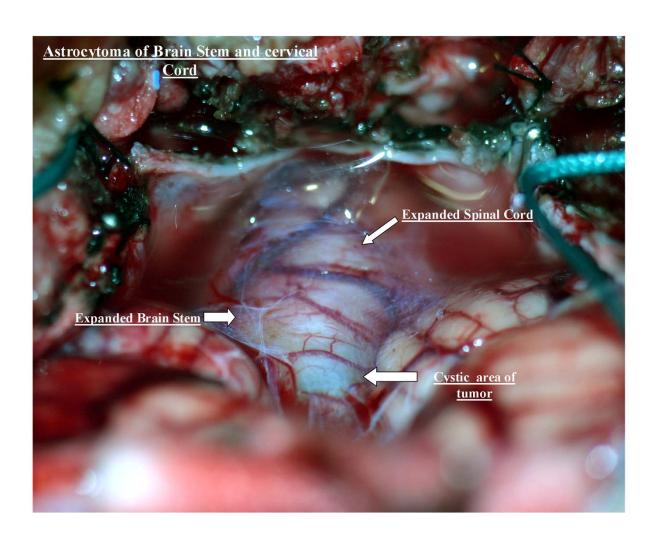


#### Pathology

Majority are WHO Grade
 I (Pilocytic) or II
 Astrocytoma, but they
 can be WHO Grade III IV.









#### • Treatment:

- Surgery is the main treatment for focal tumors (either biopsy or resection) with overall survival of > 90% at 5 years in most studies
- Surgery is not an viable option in the diffuse intrinsic tumors.
  - However, most studies do advocate a biopsy if the imaging is not typical, or in patients < 2 years of age.</li>
  - Also, with the molecular subclassification of diffuse intrinsic tumors being studied, some authors believe that biopsy of all lesions will become a possibility.



- Treatment:
  - Adjuvant:
    - Radiotherapy:
      - Is the mainstay of treatment for diffuse intrinsic tumors, usually of a dose of 54 Gy.
        - » Transient improvement in neurologic function but not in overall survival
      - Can be offered as an adjuvant after subtotal resection in the focal tumor group.

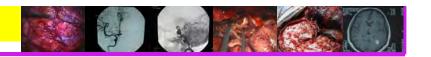


- Treatment:
  - Adjuvant:
    - Chemotherapy:
      - There has been little evidence that chemotherapy offers any impact on the prognosis
      - Chemotherapy is withheld for those patients that have high grade lesions (GBM or PNET)



### **Acoustic Schwannoma**

- Can be unilateral or bilateral.
  - If there are bilateral acoustic schwannomas this is diagnostic for NF2
  - Unilateral Acoustic schwannoma and a first degree relative with NF2 is diagnostic of NF2
- Can be sporadic or associated with NF2.
  - Sporadic variety is very rare in pediatric population
- Account for 0.8% of pediatric brain tumors

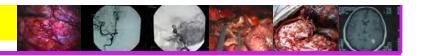


- NF2 associated schwannomas present with auditory complaints only 30% of the time.
- As opposed to the sporadic variant, NF2 associated schwannomas grow faster and have increased invasion of the nerve.



- Radiographic:
  - CT (nonenhanced):
    - Iso- or slightly hypodense to adjacent brain
  - MRI with and without contrast:
    - Hypo- to isointense on T1
    - Hyperdense on T2
    - Enhance intensely
    - Cystic degeneration ~20%



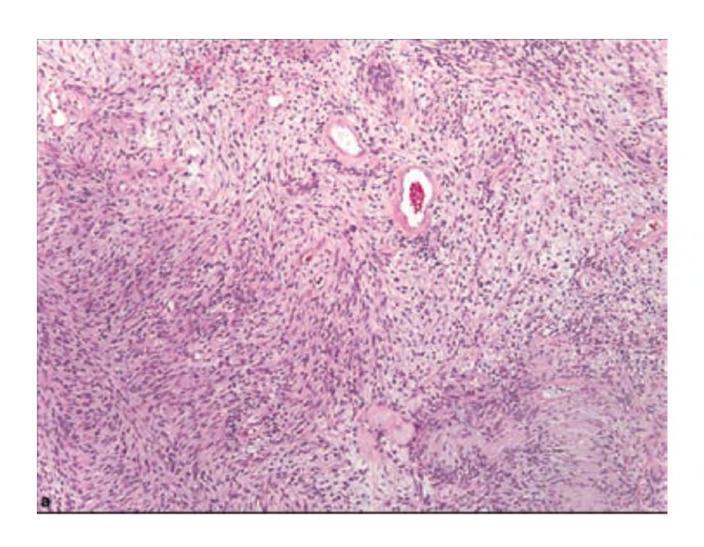


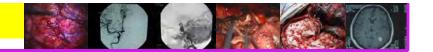
- Pathology
  - Gross
    - Circumscribed masses, frequently encapsulated, sometimes cystic.
    - Light tan, yellow, or red in color depending on amount of hemorrhage
  - Cells with spindled nuclei
  - Biphasic with Antoni A pattern (dense) and Antoni B pattern (loose)
  - Verocay bodies-nuclear palisading

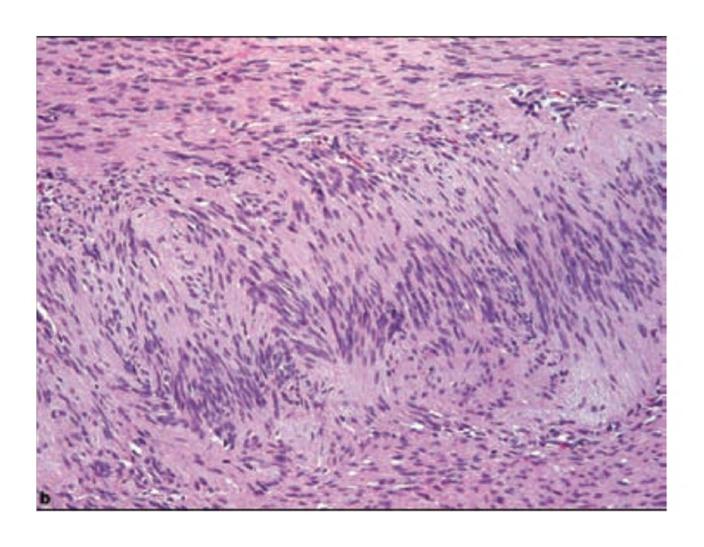


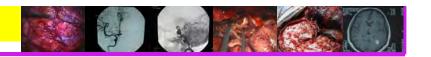
- Pathology:
  - Immunohistochemistry:
    - S-100 positive
  - Genetics:
    - Can be associated with NF2 gene (merlin protein)











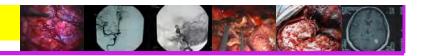
#### • Treatment:

- One of the main goals in treating the pediatric population is to maintain hearing for as long as possible so that they do not have interruptions in educational or social development.
  - Attempts at hearing preservation are less successful in NF2 associated schwannomas.
- Some argue that surgery should be reserved for those cases that show tumor growth on serial imaging



#### • Treatment:

- Another option is to only offer resection of acoustic schwannoma when no useful hearing remains.
- And still another option is to offer surgery when there is significant brainstem compression, even if there is no auditory complaints.
- Hearing preservation surgery should be offered in those patients with residual hearing.
  - However, rates of successful hearing preservation are poor



- Treatment:
  - In those cases of bilateral acoustic schwannomas that are both growing.
    - Approach the side with the worst hearing first.



#### • Treatment:

- Radiosurgery:
  - Up to 20% of NF2 patients who have undergone radiosurgery to their acoustic require further treatment within 8 years of follow-up, with good control in only 50% of cases.

#### – Chemotherapy:

 Bevacizumab (Avastin), which is a blockade agent against the VEGF pathway, has been shown in studies to improve hearing and decrease the tumor volume in NF2 patients.

# Atypical Teratoid-Rhabdoid tumor (ATRT)

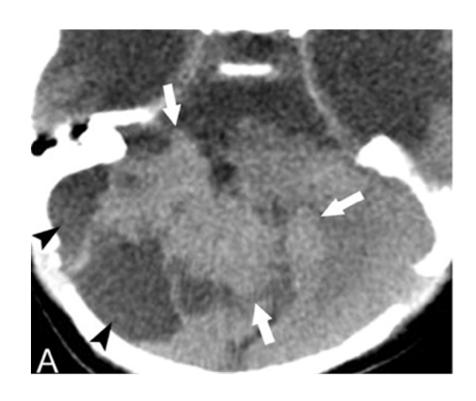
- Represented as a separate entity in the WHO classification of 1993
  - Before 1993, ATRT's were grouped with PNET's
- Account for 1% of pediatric brain tumors
  - However, in children less than 3, ATRT's account for 10-20% of tumors



- Radiographic:
  - CT (non-enhanced)
    - Iso- to hyperdense with frequent cystic portion being hypodense
  - MRI with and without contrast:
    - Isodense on T1
    - Isodense on T2
    - Heterogeneous enhancement









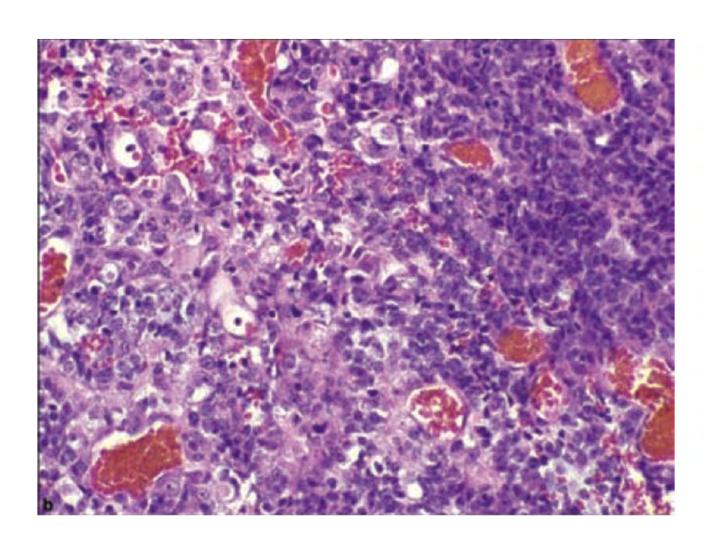


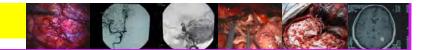
- Pathology:
  - Rhabdoid cells with eccentric nuclei, prominent nucleoli, and cytoplasmic pink body inclusions.
  - Immunohistochemisty:
    - EMA and Vimentin positive
    - BAF47/SNF5-negative staining in tumor cells with positive immunoreactivity for endothelial cells

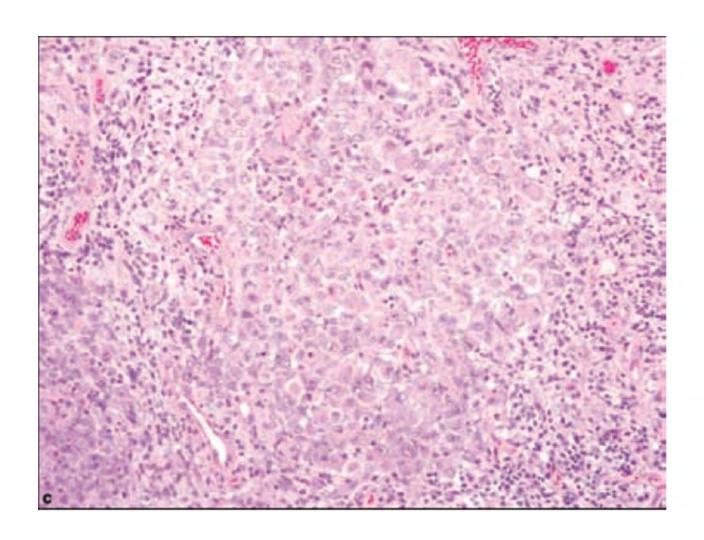


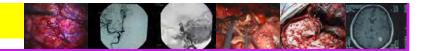
- Pathology:
  - Genetics:
    - ATRT is characterized by loss of the long arm of chromosome 22 which results in loss of the hSNF5/INI-1 gene.
    - INI-1 is important in maintenance of the mitotic spindle and cell cycle control

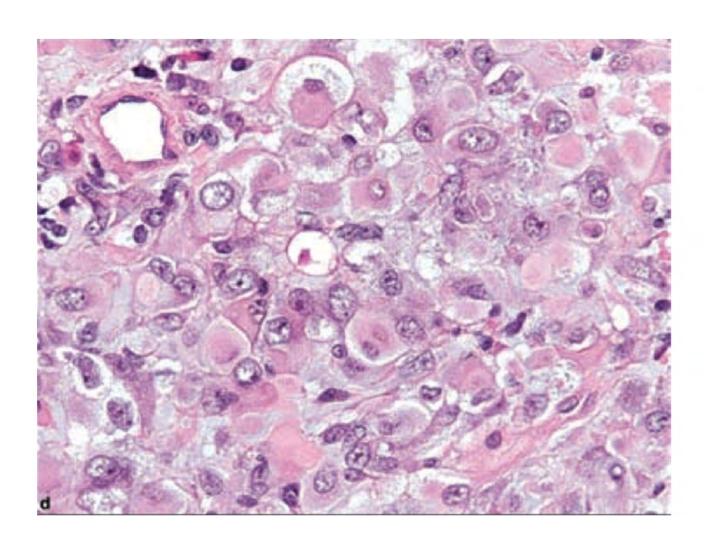




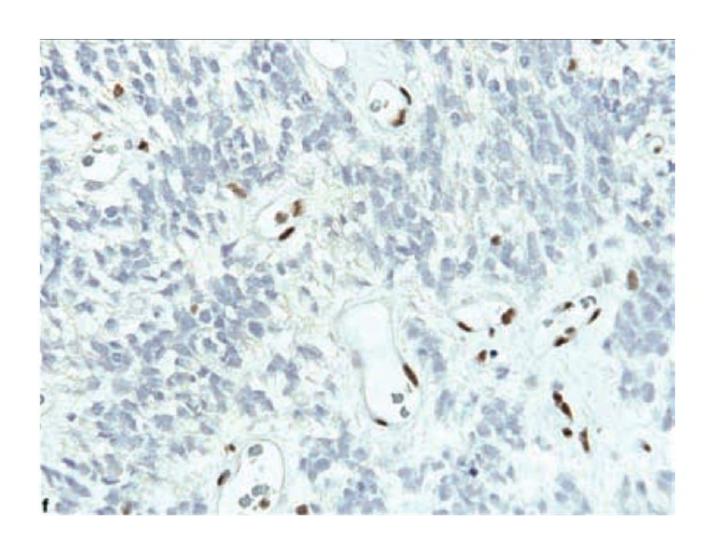














#### • Treatment:

- The standard treatment protocol consists of surgical resection, radiotherapy, chemotherapy.
  - Median time to death reported to be roughly 6 months to 18 months
  - Therefore, some physicians do offer comfort care measures initially.
- Surgical resection is still the cornerstone of treatment.



- Treatment:
  - Adjuvant:
    - Radiotherapy:
      - Radiotherapy has been shown to increase survival
      - Some studies have advocated for the use of radiotherapy in children less than 3 because of the improved survival.
    - Chemotherapy:
      - There is no standard chemotherapy treatment regimen
      - The most commonly used regiment is the Intergroup Rhabdomyosarcoma III (IRS-III) therapy.



- Treatment:
  - Adjuvant:
    - Chemotherapy:
      - The IRS III therapy consists of weekly vincristine during radiation, actinomycin-D, doxorubicin, and triple intrathecal chemotherapy with hydrocortisone, methotrexate, and cytosine arabinoside.
        - » Intrathecal chemotherapy has shown improved survival in those patients that did not receive radiation.
      - Since 2008, the Children's Oncology group has been working on a new regiment with enrollment still going on.



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# Thank you